

## Shirwell Primary - Home Learning Guidelines



These guidelines have been produced to help parents and children plan how best to learn at home. We want to make home learning as easy for you as possible, so would like to keep in touch with all our families via email. We encourage your child to email the class teacher with news, learning activities, photographs, or simply to say hello and we'll ensure they receive an email in return. Please also email us if you need any advice about home learning tasks or suitable activities and we'll endeavour to give you as much guidance

as possible. We are more than happy to help! **Can you please make sure we have up to date email contacts for you.** You can contact the class teachers directly on [class1@shirwell.devon.sch.uk](mailto:class1@shirwell.devon.sch.uk) or [class2@shirwell.devon.sch.uk](mailto:class2@shirwell.devon.sch.uk) You can also e-mail the school for general advice/questions [admin@shirwell.devon.sch.uk](mailto:admin@shirwell.devon.sch.uk) Mr Allen and Jackie will monitor this daily.

We would like children to use their time at home well but understand what they are able to do will depend on many factors including the resources available to them and the amount of adult support that they have.

During a difficult time nationally, where possible we would like families to make the best of this unexpected time at home together and so have kept these guidelines open and flexible. We hope the guidelines will reduce pressure on families and give families the best chance to enjoy the extra time together while making home learning as accessible and useful as possible.

### Key support that all children will need while learning at home

**A conversation at the beginning and end of the day with an adult** to help your child plan what they are going to do and review how they got on so they can think about what to do tomorrow. Younger children might find it easier if their day is broken into shorter sections with more frequent plan and review conversations.

**Support or encouragement to keep a daily diary.** It is important during this time of disruption, that we make the most of this unique opportunity. Children will hopefully be learning lots about time management and a diary will help us to make the best of this learning both during the children's time at home and when they return to school. We hope that staff will be able to make contact with children while they are learning at home. The learning diary will help focus these conversations to make sure they are useful.

**Support to understand resources available to them.** Children might need help to understand what is manageable and safe in their home. Children might need help finding creative ways to manage without the resources that they would normally have access to at school. Children might become frustrated having to manage on their own if parents are still needing to work so try to give your child some options of who to go to or what to do if they are stuck. We're not expecting you to stick to school times – each family will need to do what works for them. Please help your child to understand what your new routine might look like.

Key areas of learning – try to balance your day to include something from each area

**Be Well Planned** – plan how to use your time, think about what you've achieved and what you want to do next. Learn from your mistakes and plan to improve.

**Be Healthy** – be physically active for at least 60mins a day. This can be broken into little chunks and a variety of activities that get you a bit out of breath. Stay mentally well by doing things that make you feel good about yourself. Missing friends, extended family and the normal routine might be hard so be kind to yourself and others. Eat and drink well and get plenty of sleep.

**Be Creative** – have fun creating something new. Drawing, painting, dance, music, plays, stories, poetry, gardening, sculpture, animation or even daydreaming. Use this unexpected gift of time and see what's in your mind.


**Be Inquisitive** - find out about something new or grow your understanding. Read, research, talk to family and friends (maybe by phone or video message), try things out. Notice how things work, observe nature in your garden. Think what? how? where? why? what if...?

**Be Collaborative** – you might not be able to work with your friends but why not collaborate with family members? From practical projects like digging a new flower bed or rearranging a room, to creative projects like designing and cooking a yummy meal with what is left in the cupboard, collaboration is about good communication and valuing the team and is a skill that we all need to hold on to.

**Keep Practising** – daily reading, writing and number work will keep these key skills sharp. Use the time to practise other skills that you want to improve too – playing a musical instrument, typing, throwing a ball, skipping. Remember practice should be focused and deliberate to make a difference – concentrate on what you are doing to see those small but regular improvements and you'll come back to school feeling proud to show us what you've achieved.

A note for Y6: Y6 SATS won't be going ahead this year. However, the material the Y6 children have is still excellent practice material. Y6 children can plan their learning using their SATS homework books.

The following menu is a starting point - feel free to come up with your own ideas to add to each area of learning.

|                        | Youngest Children  Oldest Children  |  |   |
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| <b>Be Well Planned</b> | <ul style="list-style-type: none"> <li>● <b>Plan your day</b> - What do you want to achieve? Are your plans manageable? Have you got a balance of different types of learning?</li> <li>● <b>Keep a diary</b> - Record what you've done and how you got on. A list of tasks with short comment would be fine<br/><br/>e.g. Reading - found easier to remember how to read 'because'<br/><br/>Maybe you'd like to keep a record of what you're thinking about and how you are feeling each day?</li> </ul>                   |  |   |
| <b>Be Healthy</b>      | Healthy Body - <ul style="list-style-type: none"> <li>● Dance to your favourite piece of music.</li> <li>● How many jumps does it take to get across the room - what about if you hop?</li> <li>● Create an assault course in the garden</li> <li>● Visit BBC Supermovers KS1 - <a href="https://www.bbc.co.uk/teach/supermovers">https://www.bbc.co.uk/teach/supermovers</a></li> <li>● Complete a jumpstart Jonny workout or even chillout session. There are a few free ones the children love on his website</li> </ul> | Healthy Body - <ul style="list-style-type: none"> <li>● Find a piece of rope and skip - How many skips can you do - try to beat your personal best. Can you skip on one leg? Can you spin the rope twice for one jump?</li> <li>● Practice throwing/kicking a ball at a target - run as fast as you can to retrieve it.</li> <li>● Visit BBC Supermovers KS2 - <a href="https://www.bbc.co.uk/teach/supermovers">https://www.bbc.co.uk/teach/supermovers</a></li> <li>● Why do we need to clean our teeth? Tell someone about how to keep their teeth clean and why it's important.</li> </ul> | Healthy Body - <ul style="list-style-type: none"> <li>● Set up a circuit of physical activities. Try to improve your strength, speed and stamina by setting personal goals. Eg. Best time for 20 star jumps or how many star jumps in 30 secs/1 min?</li> <li>● Turn your music up and dance like no one can see you - use your whole body.</li> <li>● Visit BBC Supermovers KS2 - <a href="https://www.bbc.co.uk/teach/supermovers">https://www.bbc.co.uk/teach/supermovers</a></li> <li>● Plan and make a healthy meal, think about the 5 food groups and how to make it balanced.</li> </ul> |

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|                           | <p><a href="https://www.jumpstartjonny.co.uk/free-stuff">https://www.jumpstartjonny.co.uk/free-stuff</a></p>   |   |   |
|                           | <p>Healthy mind -</p> <ul style="list-style-type: none"> <li>● Share a story</li> <li>● Play with your favourite toys</li> <li>● Have a cuddle</li> <li>● Help do a job around the house</li> <li>● Draw a picture for someone you love.</li> <li>● Do some Yoga<br/><a href="https://www.youtube.com/user/CosmicKidsYoga">https://www.youtube.com/user/CosmicKidsYoga</a></li> <li>● Colouring</li> </ul> | <p>Healthy mind -</p> <ul style="list-style-type: none"> <li>● Do something that makes you laugh</li> <li>● Colouring</li> <li>● Read your favourite story</li> <li>● Share a happy memory</li> <li>● Say thank you for something you are grateful for</li> </ul>   | <p>Healthy mind -</p> <ul style="list-style-type: none"> <li>● Talk to your friends (ask parent's permission to use phone or messaging)</li> <li>● Draw</li> <li>● Listen to music</li> <li>● Help your family</li> <li>● Do something you're good at</li> <li>● Tell your parents why you appreciate them</li> </ul>   |
| <p><b>Be Creative</b></p> | <p>Draw, paint or collage to illustrate your favourite stories</p> <p>Make a dinosaur skeleton</p> <p>Make a magical land in a shoe box.</p> <p>Apply for one of the Blue Peter Badges.</p>  | <p>Make a magnetic game.</p> <p>Create a hedgehog home in your garden</p> <p>Make a bird feeder</p> <p>Design and/or create a rain capture device with an irrigation system for the garden</p> <p>Write a song, story or poem</p> <p>Create a picture for your wall showing what your family mean to you</p> <p>Apply for one of the Blue Peter Badges.</p> | <p>Make a planets mobile with the sun at the centre.</p> <p>Make a "story in a jar" - see google.com for ideas.</p> <p>Bake some Easter cookies.</p> <p>Keep a journal of your experience at home - we are living through an unusual time in our history and your journal could become a historical source for the future.</p> <p>Create a picture for your wall to remind you of a favourite memory</p> <p>Apply for one of the Blue Peter Badges.</p> |

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| <p><b>Be Inquisitive</b></p>   | <p>Find out what's growing in your garden. Take photos or draw what you see.</p> <p>What wildlife is in your garden? Can you make a home for a woodlouse? What kind of homes do woodlice like?</p> <p>Try making an exploding volcano</p>   | <p>What are calories? Look at food packaging, what kind of foods have a lot of calories in? Why is this?</p> <p>What can astronauts see from space? Why? What would you like them to be able to see from space in the future?</p> <p>Why do some countries have more people living in them?</p> <p>How did poorly people get medical treatment before the NHS?</p> | <p>What did Edward Jenner do? Why is he famous?</p> <p>Where in your garden are you most likely to find woodlice? Why?</p> <p>How quickly do shadows grow or shrink on sunny day? Is this the same every day?</p> <p>What animals visit your garden over 24 hours?</p> <p>Who makes decisions in our country? How does this compare with other countries? Why do different countries make different decisions about similar things?</p> |
| <p><b>Be Collaborative</b></p> | <p>Write a story together and act out as a family</p> <p>Play board games</p> <p>Play card games</p> <p>Make up a card or board game</p> <p>Help to cook a meal</p> <p>Help sort and fold laundry</p> <p>Go on the RSPB Fun &amp; Learning section of the website for lots of ideas</p> | <p>Design and make your own board game to play with your family.</p> <p>Spring clean your garden and get ready for the growing season</p> <p>Make puppets and a puppet theatre for a show</p> <p>Work on a Lego creation with a family member.</p> <p>Make a wormery to recycle food waste</p>   | <p>Design and make your own board game to play with your family.</p> <p>Create an annotated photo album or scrapbook to celebrate a special time with your family.</p> <p>Collaborate on a story with friends (on google docs) or family.</p> <p>Make a home documentary of your family's experience of being at home</p> <p>Go on the RSPB Fun &amp; Learning section</p>  |

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|   | <p>you can do together in the garden.</p>   | <p>Go on the RSPB Fun &amp; Learning section of the website for lots of ideas you can do together in the garden.</p> <p>Make a map of the area where you live. How has the area changed over time? Why?</p>   | <p>of the website for lots of ideas you can do together in the garden.</p>  |
| <p><b>Keep Practising – reading</b></p> | <p>Reading books daily</p> <p>Phonics cards</p> <p>Key words and High Frequency words in reading record books</p> <p>How many words can you read in one minute?</p> <p>Find your choice of ‘Desert Island’ book</p> <p>Practise reading Alien and Real words. Can you put the sound buttons underneath?</p> | <p>Reading daily for at least 20 mins</p> <p>Follow a recipe or other set of written instructions</p> <p>Find out what is happening across the world by reading the news on <a href="https://www.bbc.co.uk/newsround">https://www.bbc.co.uk/newsround</a></p> <p>Continue with our Reading Challenges</p> | <p>Daily reading for at least 30 mins</p> <p>How many different types of text can you find/name? Which types of text do you enjoy reading the most? Why?</p> <p>In your opinion what is the best book of all time? Does everyone you ask agree with you? Does this surprise you?</p> <p>Word hunter! Take a book and search it for words that you don’t know the meaning of, then find out what they mean and finally use it in a conversation over the next three days (at least once a day!)</p> <p>Create your own short story and read it to someone.</p> <p>Continue with our Reading Challenges</p> |
| <p><b>Keep Practicing – writing</b></p> | <p>Forming letters correctly to write lists, messages for your family and stories to act out. Send an email to your teachers so we can reply!</p>   | <p>Research and write out your favourite poem in your best handwriting and draw/paint pictures around it. E.g. Michael Rosen.</p>   | <p>Watch a short film/clip together and practice describing it and tell the story in your own words.</p>  |

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|   | <p>Make a mini-book about mini-beasts in the garden or a subject of your choice. What facts can you write?</p>  | <p>Write a story, poem or set of instructions.</p> <p>Keep a diary of your journey through the next few weeks</p> <p>Create a comic</p> <p>Write and post a letter to someone who might be feeling lonely.</p> <p>Watch a short film/clip together and practice describing it and tell the story in your own words.</p> <p>e.g<br/> <a href="https://www.literacyshed.com/dragonslayer.html">https://www.literacyshed.com/dragonslayer.html</a></p> <ul style="list-style-type: none"> <li>• Describe the dragon</li> <li>• Describe how Tarragon defeated the dragon</li> <li>• Write instructions on how to look after a dragon</li> </ul> | <p>e.g<br/> <a href="https://www.literacyshed.com/dragonslayer.html">https://www.literacyshed.com/dragonslayer.html</a></p> <ul style="list-style-type: none"> <li>• Describe the dragon</li> <li>• Describe how Tarragon defeated the dragon</li> <li>• Write instructions on how to look after a dragon</li> </ul> <p>Use some words you've discovered during "Word Hunter" in a story, poem or prayer you've written.</p> <p>Learn to cook a family recipe and start to create your own recipe book of favourites.</p> <p>Write and post a letter to someone who might be feeling lonely.</p> <p>Write clues for a mystery</p> |
| <p><b>Keep Practicing - numbers</b></p> | <p>Games which involve subitizing (knowing how many without counting), number recognition and simple addition and subtraction such as snakes and ladders</p> <p>Online interactive maths games on espresso and topmarks</p> <p>Number bonds for ten and twenty</p> <p>Look for shapes in the environment,</p> | <p>Make the 'Kaboom' times table challenge using lollypop sticks – google Kaboom times tables.</p> <p>Learn your tables by dancing along to BBC Super Movers KS2 Maths.</p> <p>Practise your tables using <a href="http://www.timestables.co.uk">www.timestables.co.uk</a></p> <p>If a spider walked around the perimeter of every room in your house how far would it</p>   | <p>Multiplication Tables Check<br/> <a href="https://mathsframe.co.uk/en/resources/resource/477/Multiplication-Tables-Check">https://mathsframe.co.uk/en/resources/resource/477/Multiplication-Tables-Check</a></p> <p>PB Challenge: How quickly can you complete writing out the times tables?</p> <p>If you practice every day, how many seconds can you knock off your time over one week?</p> <p>Practice telling the time on an analogue</p>   |

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|                                       | <p>name them and recognise their properties.</p> <p>Arrange objects in order of size - can you measure them in some way?</p> <p>Which is heavier - 20 pencils or 5 forks? How do you know?</p> <p>Counting in 2s, 5s and 10s.</p>  | <p>have walked.</p> <p>What does 1 000 000 (one million) look like?</p> <p>Would you prefer 100g of Marshmallows or 10 squared centimetres of smarties? Why?</p> <p>Practice telling the time on an analogue clock or watch.</p>   | <p>clock or watch.</p> <p>If you started with one friend and doubled your number of friends every day - how long would it take you have more than 100 friends. If you started with one friend and you tripled your number of friends every day would you get to more than 100 friends in a third of the time? Can you predict how long it would take to have more than 500 friends?</p> <p>How much would a million grains of rice weigh?</p> |
| <p><b>Keep Practicing - other</b></p> | <p>Use scissors to cut interesting shapes - try making snowflakes or a row of people holding hands.</p> <p>Create a tweezer or tongs challenge. How quickly can you pick up all the rice using tweezers?</p> <p>Thread interesting things from your home or garden onto a string to make a necklace</p> <p>Learn how to tie shoe laces and polish your shoes</p> <p>Add percussion to a piece of music</p> | <p>Use a typing tutor and learn to use all your fingers on the keyboard</p> <p>Practice a musical instrument: Can you play a simple tune without music (twinkle twinkle little star)? What if you start on a different note?</p> <p>Practice a piece of music - notice the line, bar or phrase that you want to improve and work on it until you can play it perfectly 3 consecutive times then play the whole line/piece again to hear how you have improved.</p> <p>Learn to knit, sew or tie knots.</p> <p>Learn to tie shoe laces</p> <p>Learn how to sow different seeds – what can you grow at home?</p> <p>Learn how to use the washing machine</p> |   |



## Some more useful Websites

### Scratch

<https://scratch.mit.edu/explore/projects/games/>

Creative computer programming

### National Geographic Kids

<https://www.natgeokids.com/uk/>

Activities and quizzes for younger kids.

### The Kids Should See This

<https://thekidsshouldseethis.com>

Wide range of cool educational videos

### Blue Peter Badges

<https://www.bbc.co.uk/cbbc/joinin/about-blue-peter-badges>

If you have a stamp and a nearby post box.

### The Artful Parent

<https://www.facebook.com/artfulparent/>

Good, free art activities

### The Imagination Tree

<https://theimaginationtree.com>

Creative art and craft activities for the very youngest.

### Twinkl

<https://www.twinkl.co.uk>

This is more for printouts, and usually at a fee, but they are offering a month of free access to parents in the event of school closures. Setting up is really easy to do – go to Twinkl and enter the code UKTWINKLHELPS

### Shaun's Game Academy

<https://www.shaunsgameacademy.co.uk/>

Shaun the sheep website which teaches children how to make online games.

Suitable for whole school

### Phonics Play

<https://www.phonicsplay.co.uk/>

Phonic games to play. Most suitable for Reception, Year 1 and Year 2.

### BBC bitesize

<https://www.bbc.co.uk/bitesize>

Website with lots of educational games. Suitable for all.

### Reading Eggs

<https://readingeggs.co.uk/>

Register for a free trial and get 2 weeks free access to reading resources. Suitable for all.

### Education Quizzes

<https://www.educationquizzes.com/>

Education quizzes on different subjects. Suitable for all.

### Corbettmaths Primary

<https://corbettmathsprimary.com/>

Maths work for KS2.

### Top Marks

<https://www.topmarks.co.uk>

Educational resources on all subjects for primary age children

### Jonny Jump Start

<https://www.jumpstartjonny.co.uk/home>

Keep the kids fit with fun workouts and chill out video

