

Shirwell Primary School Meal Menu. Autumn 2019

	WEEK 1 (week beginning) 2 nd Sept, 23 rd Sept, 14 th Oct, 11 th Nov, 2 nd Dec	WEEK 2 (week beginning) 9 th Sept, 30 th Sept, 28 th Oct, 18 th Nov, 9 th Dec	WEEK 3 (week beginning) 16 th Sept, 7 th Oct, 4 th Nov, 25 th Nov, 16 th Dec	Alternative Main Meal. Available every day. With Veg (as main meal)
MONDAY	Cheese + Garlic Pasta and Vegetables Lemon Drizzle Cake	Mediterranean Pasta Bake and Vegetables Vanilla Sponge	Pizza Baguette with Salad and Vegetables Chocolate Orange Slice with Chocolate Sauce	Jacket Potato
TUESDAY	Bacon Bap + Salad, Sticky Chocolate Slice	Curry + Rice with Vegetables Fruit Salad	Burger in a Bun with Baked Beans Pick and Mix Fruit	Cheese + Salad Wrap
WEDNESDAY	Roast Beef with Yorkshire Puddings, Roast Potatoes, Seasonal Vegetables and Gravy Fruit Salad and Ice Cream	Roast Chicken, Roast Potatoes, Seasonal Vegetables and Gravy Peaches with Ice Cream	Roast Gammon, Roast Potatoes, Seasonal Vegetables and Gravy Jelly and Ice Cream	Vegetarian Slice
THURSDAY	Sausages and Mash with Vegetables and Baked Beans Fruit Crumble and Ice Cream	Sausage Rolls and Vegetables Chocolate and Vanilla Sponge	Chicken Nuggets with Pasta and Vegetables Rock Cake	Egg and Cress Sandwich with Side Salad
FRIDAY	Homemade Chips with Fish and Sweetcorn Surprise Pudding	Homemade Chips with Fish, Baked Beans and Sweetcorn Surprise Pudding	Fish Fingers and Homemade Chunky Chips, Peas and Baked Beans Surprise Pudding	Omelette
Available Every Day:	Jacket potato with beans or cheese or coleslaw as alternative main meal.	Help yourself fresh side salad with all dishes	Fruit Salad or Yogurt instead of pudding	Fresh Milk available at extra cost, please order at the office.
All meals cost £2:20 including pudding. Advance payment to the school office please. Class One children are entitled to free school meals and milk. Children will be asked if they are having a school meal at morning registration.				