

Shirwell Primary School Meal Menu. Spring 2019

| | WEEK 1 (week beginning 7 th Jan, 28 th Jan, 25 th Feb 18 th March | | Feb, | 21st Jan, 11th Fe | ek beginning) b, 11 th March, 1 st pril | Alternative Main Meal. Available every day. With Veg (as main meal) |
|------------------------|---|---|---|---|---|---|
| MONDAY | Cheese + Garlic Pasta and Vegetables Lemon Drizzle Cake | J | Sausage Rolls and Vegetables Chocolate and Vanilla Sponge | | e with Salad and etables | Jacket Potato |
| TUESDAY | Meatballs, Pasta and Vegetab Sticky Chocolate Slice | | Curry + Rice with Vegetables Fruit Salad | | and Vegetables ge Slice | Cheese + Salad Wrap |
| WEDNESDAY | Roast Pork with Roast Potatoe Seasonal Vegetables and Grav Fruit Salad and Ice Cream | y Seasonal Vegetables | Roast Chicken, Roast Potatoes, Seasonal Vegetables and Gravy Peaches with Ice Cream | | , Roast Potatoes, tables and Gravy . Ice Cream | Vegetarian Slice |
| THURSDAY | Sausages and Mash with Vegetables and Gravy Fruit Crumble and Custard | Mediterranean Pasta Bake and Vegetables Orange Yoghurt Cake | | Creamy Chicken with Rice and Vegetables Banana Cake | | Egg and Cress Sandwich with Side Salad |
| FRIDAY | Homemade Chips with Fish ar Sweetcorn Surprise Pudding | · | Homemade Chips with Fish, Baked Beans and Sweetcorn Cookie | | Homemade Chunky nd Baked Beans ookie | Vegetable Sausages |
| Available Ever Day: | y Jacket potato with coleslaw as alterna | beans or cheese or tive main meal. | | rself fresh side h all dishes | Fruit Salad or Yogurt instead o | Fresh Milk available at extra cost, please order at the office. |

meals and milk. Children will be asked if they are having a school meal at morning registration.